



# Marriage Growth-Track

## Week 8 - Day 5

### Endurance

by Jason and Georgia Davis

*Being strengthened with all power according to his glorious might so that you may have great ENDURANCE and patience,*

*Colossians 1:11*

*May the God who gives ENDURANCE and encouragement give you the same attitude of mind toward each other that Christ Jesus had...*

*Romans 15:5*

*As for you brothers, do not grow weary in doing good.*

*2 Thessalonians 3:13*

I don't know if you will remember this game, but when I was little we would hide an object and someone would have to find it. As they got closer you call out warmer, hotter, on fire.....surface of the sun. As they moved away from the object you would say colder, freezing, you are an iceberg! Marriage is a lot like that game always moving in one of those two directions. As you move away and the distance between you gets greater, the marriage gets colder. This distance can be created by a plethora of things including expanding families, job responsibilities, or just laziness. The biggest way we can nurture our marriages to always be getting "hotter" is effort and endurance.

- You are either growing colder or warmer in your marriage. There is no neutral.
- Nurturing a marriage is continuous effort
- God had called us to not grow tired of nurturing our marriages and he will give you the endurance you need.

### Discussion Questions:

1. What energizes and encourages you?
2. What energizes and encourages your Spouse?

**Action Steps:**

This week spend some time talking about what energizes and encourages each of you, make a list and go over them together.

**Prayer:**

*Thank you Lord for reminding us that we are called to have endurance when it comes to nurturing our marriages. Let us not grow weary of doing good.*