



Marriage Growth-Track

Week 6 - Day 4

Joy & Helping Others by DC & Jane Frederick

"Nehemiah said, 'Go and enjoy choice food and sweet drinks, and send some to those who have nothing prepared. This day is holy to our Lord. Do not grieve, for the joy of the Lord is your strength.'"

Nehemiah 8:10

Discussion Questions:

1. Do you think God wants us to enjoy our "things" in life?
2. What do you have that you enjoy that you are sharing with others?

Challenge:

Invite another couple on a double date and pay for their meal.

