



Marriage Growth-Track

Week 6 - Day 1

Seize the Day

by DC & Jane Frederick

"Seize life! Eat bread with gusto, Drink wine with a robust heart. Oh yes - God takes pleasure in your pleasure!"

Ecclesiastes 9:7 MSG

Discussion Questions:

1. Seize life! Do you feel you've "seized life"?
As a couple, do you feel you've "seized marriage"?
2. What are you taking pleasure in your relationship with your partner?

Challenge:

Share one thing with your spouse you would like to increase your "pleasure" in your marriage?

