



Marriage Growth-Track

Week 11 - Day 1

Yada, Yada, Yada

That is why a man leaves his father and mother and is united to his wife, and they become one flesh.

Genesis 2:24

Haven't you heard this verse at just about every wedding you've ever been to? It's probably because it's the basis for the whole 'leave and cleave' mindset we all need as we stand before 'God and everyone' promising to see this thing through 'til death do us part.' It's clear and simple directive for how things are supposed to work once the cake has been eaten, the toasts have been made, and all the fancy clothes come off—literally! This is what we see in this verse –

- The husband is to leave his parents and create a new home with his wife;
- God's plan for marriage is for unity between husband and wife;
- The union of marriage is intimate and unbreakable

Sex was God's idea, not man. It's sex between a husband and wife that separates marriage from all other types of relationships. The act of intercourse after the wedding is the beginning of a relationship that transcends all other human relationships on earth.

The Hebrew word for sex between husband and wife comes from the root Yod-Dalet-Ayin (yada), meaning "to know" your spouse's emotions, mind, and body. It goes way beyond the physical, intellectual, and feelings of love; it reaches to the deepest intimacy of being known. Proverbs 4:24 says, "Above all else, guard your heart, for everything you do flows from it." Becoming one flesh is knowing your spouse's heart and great sex flows from learning and knowing your partner's heart.

The gateway to experiencing yada love begins when you choose to leave the security, comfort, and provision of home. It's choosing to do life with your partner, not with your parents. When your mate feels like they are the most important human relationship on earth to you, you're on way to yada (aka ... great sex).

Discussion Questions:

1. Do you feel that you have fully left "home" (financially, emotionally, etc.)?

2. On a scale from 1 - 10 (1 being none and 10 being perfect), where do you score the yada in your relationship? What do you need to increase the yada in your marriage?

Action Steps:

Think of three questions that will you can ask your spouse to gain greater insight into heart? After he or she shares their response with you, do your best to repeat what they shared to show that you were truly listening